



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 HAPPY FATHER'S DAY Blood Pressure Clinic: Friday the 5th Friday the 19th	Daily Leisure Activities (OB) 1 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM Peanut Butter Swirl Soft Cookies (CK) 3:00 - 4:30 PM	Telefunken (BR) 2 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Stick by Number (OB) 2:30 - 3:00 PM La Dolce Vita: Italian Celebration with Carmen Spada (GP) 3:00 - 5:00 PM	3 Pharmacist Education Session (RR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15AM Proud to Be Me: Flag Painting – Craft Time (TH) 1:15 - 3:00 PM Seniors Luxe Bingo Experience (GP) 3:00 - 5:00 PM	4 Bible Study: Jesus Calms the Storm (Mark 4:35-41) (TD) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Puzzle Fun (CK) Billiards, UNO (BR) 3:00- 5:00 PM	5 * Summer Vendors Market 9:00 - 4:00 PM Book Club (BC) 9:30 - 10:15 AM Tai Chi TV (FC) 10:30- 11:15 AM Close - Knit Circle (KN) 1:30 - 2:30 PM Bocce Ball Social Hour (GP) 2:30 - 4:30 PM	6 Dominoes (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Summer Seated Volleyball (FC) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 5:00 PM	
7 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (TD) 10:15 - 11:15 AM Seated Basketball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	8 Daily Leisure Activities (OB) 9:30 - 11:00 AM Guess the Word (BR) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Memory Match Fun (BR) 2:30 - 3:15 PM Beach Bingo Bash (RR) 3:30 - 4:30 PM	9 Morning Mass (RR) 9:45 - 10:20 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (GP) Stick by Number (OB) 2:30 - 3:00 PM Outdoor Social & Games Day (BR) 3:00 - 5:00 PM	10 Daily Leisure Activities (OB) 9:45 - 10:30 AM Stretching our Roots (FC) 10:30- 11:15AM Ties & Chimes for Dad (TH) 1:15 - 3:00 PM Honouring Seniors: Life, Laughter & Legacy (GP) 3:00- 5:00 PM	11 Strong as an Oak (FC) 9:15- 10:15 AM Concert Oasis: Bob Hamilton (RR) 10:30- 11:15AM Virtual Adventures (RR) 1:30- 2:30 PM Puzzle Fun (CK) Billiards, UNO (BR) 3:00 - 5:00 PM	12 Book Club (BC) 9:30 - 10:15 AM Yoga (FC) 10:30- 11:15 AM Oak Tunes: Let's Sing Together (RR) 1:30 - 2:15 PM Beach Bingo Bash (RR) 2:30 - 3:30 PM Close - Knit Circle (KN) 3:30 - 4:30 PM	13 Rummy (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Beach Bingo Bash (FC) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:00 PM	
14 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (TD) 10:15 - 11:15 AM Seated Volleyball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	15 Daily Leisure Activities (OB) 9:30 - 10:15 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM Fruit and Chocolate Paradise (CK) 3:00 - 4:30 PM	16 Telefunken (BR) 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (GP) Stick by Number (OB) 2:30 - 3:00 PM Outdoor Social & Games Day (BR) 3:00 - 5:00 PM	17 Fall Reduction & Prevention (RR) 9:15 - 10:15 AM Stretching our Roots (FC) 10:30- 11:15 AM Creative Calm: Outdoor Coloring (GP) 1:00 - 2:00 PM Cheers to Dad: Music & Memories (GP) 2:30 - 3:30 PM	18 Mahjong (BR) 9:15 - 10:15 AM Strong as an Oak (FC) 10:30- 11:15 AM Virtual Adventures (RR) 1:30- 2:30 PM Puzzle Fun (CK) Billiards, UNO (BR) 3:00 - 5:00 PM	19 Book Club (BC) 9:30 - 10:15 AM Shibashi TV (FC) 10:30- 11:15 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM Daily Leisure Activities (OB) 2:30 - 3:15 PM Close - Knit Circle (KN) 3:30 - 4:30 PM	20 Mahjong (BR) 9:15 - 10:15 AM TV Exercise (FC) 10:30 - 11:00 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:00 PM	
21 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (TD) 10:15 - 11:15 AM Seated Basketball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM Summer Begins Father's Day	22 Daily Leisure Activities (OB) 9:30 - 10:30 AM Guess the Word (BR) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Beach Bingo Bash (RR) 2:30 - 3:15 PM Daily Leisure Activities (OB) 3:30 - 4:30 PM	23 Morning Mass (RR) 9:45 - 10:20 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (GP) Stick by Number (OB) 2:30 - 3:00 PM Cheers to Dad: Paint & Sip (GP) 3:00 - 5:00 PM	24 Daily Leisure Activities (OB) 9:45 - 10:30 AM Stretching our Roots (FC) 10:30- 11:15 AM Crazy Bingo (RR) 1:45 - 2:30 PM Resident Townhall (RR) 2:30- 3:00 PM Golden Memories Karaoke Party (BR) 3:00 - 5:00 PM	25 Strong as an Oak (FC) 9:15 - 10:15 AM Concert Oasis: Bob Hamilton (RR) 10:30- 11:15AM Beach Bingo Bash (RR) 2:00- 2:30 PM July Activities Calendar Presentation (RR) 2:30 - 4:30 PM	26 Book Club (BC) 9:30 AM - 10:15 PM Yoga (FC) 10:30- 11:15 AM Daily Leisure Activities (OB) 1:30 - 2:15 PM Summer Sparkle Birthday Celebration (GP) 2:30 - 4:30 PM	27 Dominoes (BR) 9:15 - 10:00 AM TV Exercise (FC) 10:30 - 11:00 AM Beach Bingo Bash (RR) 1:30 - 2:15 PM Board Game Fun (BR) 3:00 - 4:00 PM	
28 TV Exercise (FC) 9:15 - 10:00 AM Rosary Prayer & Holy Communion Service (TD) 10:15 - 11:15 AM Seated Volleyball Fun (FC) 1:15 - 2:30 PM Popcorn & Movie Time (RR) 2:30 - 4:30 PM	29 Daily Leisure Activities (OB) 9:30 - 10:30 AM Garden Friends Club (TH) 10:30-11:30 AM Seated Zumba (FC) 1:30 - 2:00 PM Spot the Difference (BR) 2:30 - 3:15 PM Beach Bingo Bash (RR) 3:30 - 4:30 PM	30 Telefunken (BR) 9:15 - 10:15 AM Mighty Oaks Cardio (FC) 10:30- 11:15 AM Book Club (BC) 1:30 - 2:15 PM Outdoor Wellness Circuit (GP) Stick by Number (OB) 2:30 - 3:00 PM Outdoor Social & Games Day (GP) 3:00 - 5:00 PM	Outings Fresh Air Plaza Walk Monday the 8th (9:30 AM) Walmart Monday the 15th (9 AM) Parkside Picnic Social (Prairie Creek Park) Monday the 22 nd (3:00 PM)			 Happy Seniors' Month	